

2017 NORTH STAFFORD BASEBALL CAMP

JUNE 26TH – 29TH, 2017 (RAIN DATE: JUNE 30TH)

8:00AM – 1:00PM EACH DAY

CAMP PROGRAM:

The purpose of the camp is to assist young people in improving their baseball skills and developing proper playing habits. The companionship of other players and the learning of sportsmanship and related athletic values are additional benefits.

The camp staff is committed to individualized instruction in basic skills such as: hitting, bunting, base running, sliding, throwing, fielding, cut-offs, relays, pitching and much more. Each daily session will include drills to help players correct faults and/or to perfect the skills they are developing, as well as competitive game situations to develop on the field experience.

AGES: Open to all boys and girls ages 6-14 years old

COST: \$100.00 Checks made payable to North Stafford Baseball

CLINIC STAFF:

- **Coaches: The North Stafford Baseball Coaching Staff.**
- **Current North Stafford players**
- **Past North Stafford players**

MORE ABOUT THE CAMP:

- Quality facilities with three game fields, five batting cages, soft toss area, batting tee stations, two bullpen areas
- Diversified instruction in all aspects of the game
- Video analysis of all hitters
- Structured, daily format to take full advantage of instructional time
- Individualized attention
- Exposure to solid, experienced coaching staff
- Campers will be drilled, instructed, and scheduled to play with members of their own age and skill level
- Competitive game situations each day
- Free camp T-shirt
- Camp awards in fielding, throwing, hitting, and running

MEALS:

Campers should bring their own drinks and snacks so they can eat or drink during scheduled breaks. Coaches will have coolers with water at specific spots for campers.

ITEMS TO BRING:

Baseball cleats	Tennis shoes	Athletic socks
Baseball pants/Sweat pants	Baseball glove and/or mitt	Extra T-shirt
Athletic supporter/protective cup	Batting gloves	Bat (if possible)
Batting helmet (if possible)	Catcher's gear (if possible)	

RULES:

Campers will not be permitted to leave the school campus during the session, unless released to a parent/guardian and signed out with the camp director. Use of tobacco products, illegal drugs and/or alcoholic beverages on school property is strictly prohibited and will result in dismissal from camp without a

refund of the camp registration fee.

2017 NORTH STAFFORD BASEBALL CAMP REGISTRATION FORM

Camper's Name: _____

Camper's Age: _____

Home Phone #: (_____) _____

Work Phone #: (_____) _____

Cell Phone #: (_____) _____

School Currently Attending: _____

AAU/Recreation Team: _____

T-shirt Size (Adult): S M L XL *Please circle Camper's shirt size

***Please make all checks payable to: North Stafford Baseball**

Emergency Information:

Contact Person: _____

Phone Number: _____

Insurance & Medical Waiver Form

Any health conditions that the North Stafford High School Baseball Clinic Staff should be aware of:

(Circle which applies) YES NO

If so, please explain:

Family Health Insurance:

Company Name:

I hereby authorize any actions which may be advised/recommended by an athletic trainer, physician or other health care provider attending my child during the camp. I acknowledge that my child may sustain physical illness or injury (minimal, serious, or catastrophic), in connection with this camp. I agree to indemnity and hold harmless North Stafford High School Baseball Staff and administration from and against any claims for personal illness or injury that my child may sustain during camp, regardless of cause, including negligence on the part of any person identified above. I also give the North Stafford School Baseball Program permission to utilize any photograph of my child for promotional use. I also understand that my child must abide by the camp/high school rules, regulations, and the code of conduct developed for this camp. I also understand that my child's failure to adhere to the rules, regulations, and code of conduct may result in immediate dismissal from camp, with no refund, and I will be responsible for providing transportation home once I have been notified.

Parent/Guardian's Signature: _____

e-mail address-_____

Please send Registration Form & Fee to:

North Stafford Baseball (h) 540-548-5904

(c) 757-254-4370

North Stafford High School labruscianojv@staffordschools.net

839 Garrisonville Road

Stafford Va 22554

****In case of rain please call 757-254-4370 to see if the camp will be moved inside to the gym on the dates of the camp. If so players should have sneakers to wear inside.**